

**Title:****How Internet can help**[www.fundaciondiabetes.org](http://www.fundaciondiabetes.org)**PROJECTS**

1. It's always a good idea for people with diabetes to know where to get in touch with the local Diabetes Association. A Diabetes Association is a place where to meet other people who, also, have diabetes; people whose experience in dealing with the condition can be of great help to you and whom you can talk to, about things you've experienced.

Access the Internet, and see if you can find the address, telephone number and e-mail of the Diabetes Association that's closest to your school.

2. By now, you're aware that people with diabetes need insulin shots; you, probably, know someone in class who has regular insulin injections.

Access the Internet, and see if you can answer the following questions. Remember: always bear in mind that just because it says so, on the Internet, doesn't necessarily mean it's true!

What are the most frequent types of diabetes?

What do you know, about each type of diabetes?

What year was insulin discovered?

What are the names of the people who discovered it?

When is World Diabetes Day?