

Activity 16

Level: 2

Title: What's your glucose level? (I)



WORKING WITH DATA

Yesterday, on the chart below, a friend at school recorded all the various blood-glucose readings she took, at different times throughout the day.

	50	60	70	80	90	100	110	120	130	140	150	160	170	180	190
Before breakfast	■	■	■	■											
After breakfast	■	■	■	■	■										
During P.E.	■														
Before lunch	■	■	■												
After lunch	■	■	■	■	■	■	■	■	■						
Before dinner	■	■	■	■	■	■	■								
After dinner	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
At midnight	■	■	■	■	■	■	■								

What we want to know is:

At what time was her blood-glucose level highest?

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What was her blood-glucose reading, after breakfast?

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When her blood-glucose level dropped, she felt bad and had to drink a fruit juice. At what times did this happen?

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