

Dealing with diabetes: day to day

Levels: 1, 2 and 3

Subject: Life at school

TEACHER

STUDENTS



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As you, most likely, know, there's a series of specific physiological routines that students with diabetes will – almost inevitably – need to perform, during school hours. Given the nature of certain hypoglycemia and/or hyperglycemia-related routines, these could well give rise to other students considering them 'unfair privileges'.

The 'showiest' of these practices are, probably, eating and/or drinking during class (which becomes necessary, when the child is having a hypoglycemic episode) and the need to be excused to go to the restroom – to urinate – at intervals more frequent than usual (this, generally, occurs when the child's blood-glucose levels are too high).

It's a good idea to explain to the other students why it is natural that these things should happen, to enable them to understand and better accept something they're going to be seeing, quite often.

RELATED ACTIVITIES

TITLE	DESCRIPTION	LEVEL	REF.
What's your glucose level? (1)	Working with data and charts	2	16
What's your glucose level? (2)	Working with data and charts	3	17
Picture story	Putting a sequence in the right order	1	18
Time management	Telling the time with an analog clock	2	19
What to do and when to do it!	Handling data in table format	2	20
Find the hidden message	Reading and writing	1	21
Secret code	Reading and writing	1	22