

Dealing with diabetes: day to day Levels: 1 and 2

Subject: Birthdays (1)

TEACHER

STUDENTS



www.fundaciondiabetes.org

In many schools, it has become quite popular for children to hand out candy surprises on their birthday. Maybe they do it at your school, too.

They do it to celebrate the fact that they've turned a year older!

Sometimes, however, what should just be a celebration can end up becoming a competition, as people try to see who can give the best or the most candy surprises. For instance, for his birthday, Alan brought everyone a chocolate egg. So, for her birthday, as well as a chocolate egg, Laura decided to give everyone a bag of potato snacks. Not to be outdone, when Kenny's birthday came around, he filled gift bags with: a chocolate egg, a bag of potato snacks and a pack of fruit gums, for every kid in class!

Little by little, what started out as an honest fun experience became a stressful race... And, when that happens, it's no longer fun!

Read the following dialogue and, then, answer the questions:

Carol:

- Mum! Don't forget, we've got to buy candy, for tomorrow!

Mum

-How about you give each kid a bag of corn snacks?

Carol

- Oh, Mum! Is that all? Last week, Louisa gave each kid a tub of jelly bears and a bag of crisps!

Mum

- Honey...! I just don't see why you need that much!

Carol

- Well, if I'm only going to be taking corn snacks, then I might as well not take anything at all! I'll just look stupid!

Why doesn't Carol agree with her mum?

How do you feel about this?

Have you got an idea or suggestion you'd like to put forward, to the class?